

Explanation English Camp, Food Pyramid Quiz.

We're sorry that we could technically not prepare the first item that you need, the food pyramid, because it's just too big.

Prepare a triangle, fabric pyramid for each group and attach it to the wall of the room where the activities take place.

You could possibly choose to make only one big pyramid that is used by all groups.

This is possible because the small notes of each groups have different colors. You'll find the colored small notes on the next pages.

When you use one pyramid, students can stand on a chair to attach their notes onto the top of the pyramid.

If you are you playing during Christmas time, you could use a Christmas tree instead of a pyramid.

Students will attach their food item cards on this pyramid as part of the quiz.

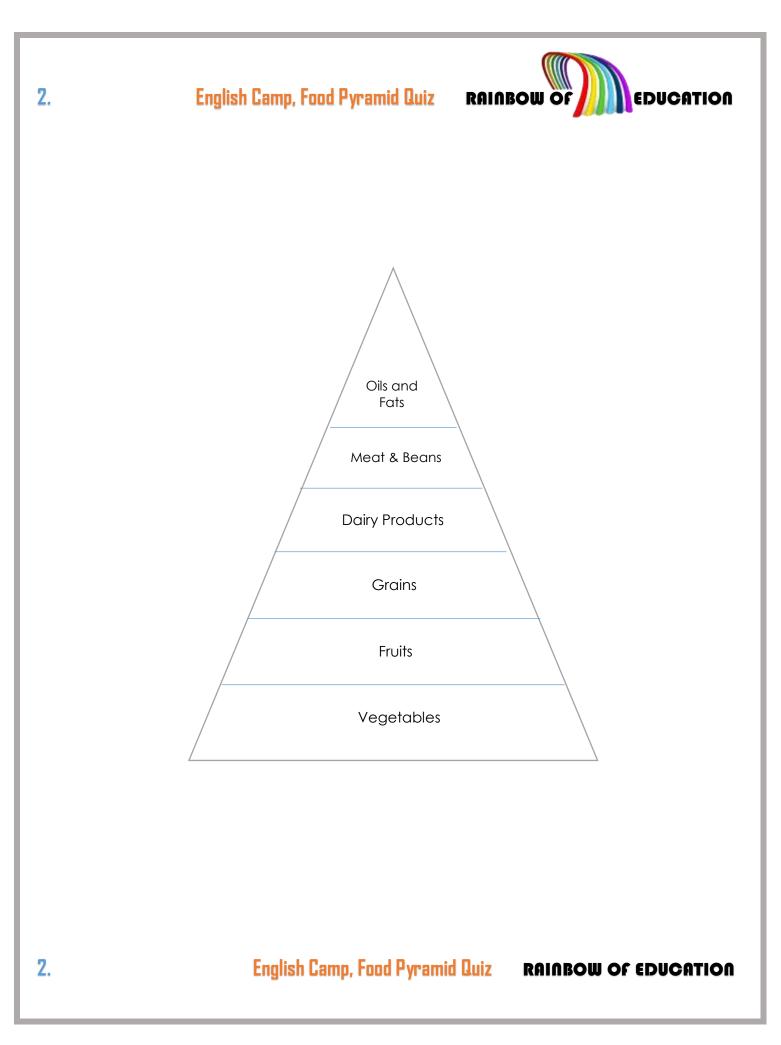
Let's start:

Each group gets one color coded document. The group discusses, and one student writes the names of the food items on the lines of the notes. Then one of them makes a quick drawing of each item with a pencil.

After that, they cut the cards and hang them in the correct food group of the prepared pyramid.

To get one point the note must have the correct name, the correct drawing, and hang in the correct food group.

Recapitulation/results sheets for teachers/assistants on page 8.



Student Group: _____

Draw the food item quickly and write its name on the line. Then cut the cards and hang them on the food pyramid your teacher prepared.

| fruits | fruits | fruits | fruits |
|----------------|----------------|----------------|----------------|
| | | | |
| vegetables | vegetables | vegetables | vegetables |
| dairy | dairy | dairy | dairy |
| meat and beans | meat and beans | meat and beans | meat and beans |
| grains | grains | grains | grains |
| oils and fats | oils and fats | oils and fats | oils and fats |

Student Group: ____

4.

Draw the food item and write its name on the line. Then cut the cards and hang them on the food pyramid.

| fruits | fruits | fruits | fruits |
|----------------|----------------|----------------|----------------|
| | | | |
| vegetables | vegetables | vegetables | vegetables |
| dairy | dairy | dairy | dairy |
| meat and beans | meat and beans | meat and beans | meat and beans |
| grains | grains | grains | grains |
| oils and fats | oils and fats | oils and fats | oils and fats |

Student Group: _____

Draw the food item and write its name on the line. Then cut the cards and hang them on the food pyramid.

| fruits | fruits | fruits | fruits |
|----------------|----------------|----------------|----------------|
| vegetables | vegetables | vegetables | vegetables |
| dairy | dairy | dairy | dairy |
| meat and beans | meat and beans | meat and beans | meat and beans |
| grains | grains | grains | grains |
| oils and fats | oils and fats | oils and fats | oils and fats |

Student Group: _____

Draw the food item and write its name on the line. Then cut the cards and hang them on your food pyramid.

| fruits | fruits | fruits | fruits |
|----------------|----------------|----------------|----------------|
| vegetables | vegetables | vegetables | vegetables |
| dairy | dairy | dairy | dairy |
| meat and beans | meat and beans | meat and beans | meat and beans |
| grains | grains | grains | grains |
| oils and fats | oils and fats | oils and fats | oils and fats |

Student Group: _____

Draw the food item and write its name on the line. Then cut the cards and hang them on the food pyramid.

| fruits | fruits | fruits | fruits |
|----------------|----------------|----------------|----------------|
| vegetables | vegetables | vegetables | vegetables |
| dairy | dairy | dairy | dairy |
| meat and beans | meat and beans | meat and beans | meat and beans |
| grains | grains | grains | grains |
| oils and fats | oils and fats | oils and fats | oils and fats |

8.

Teacher's Document Final Results RAINBOW OF



Teacher's Document, Final Results

| Group Number/Name: | Total correct food items: | Final Ranking: |
|--------------------|---------------------------|-------------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | - | |
| 8 | - | |
| 9 | | |
| 10 | | |
| 11 | _ | |
| 12 | - | |
| 13 | _ | |
| 14 | _ | |

Teacher's notes

8.

Teacher's Document Final Results RAINBOW OF EDUCATION